

# ROCABELLA SPA

A HOLISTIC WELLNESS EXPERIENCE  
UNWIND – REST – RECOVER

ROCABELLA  
MYKONOS

# RESPECT

ON SKIN ————— ON PLANET ————— ON HUMANS

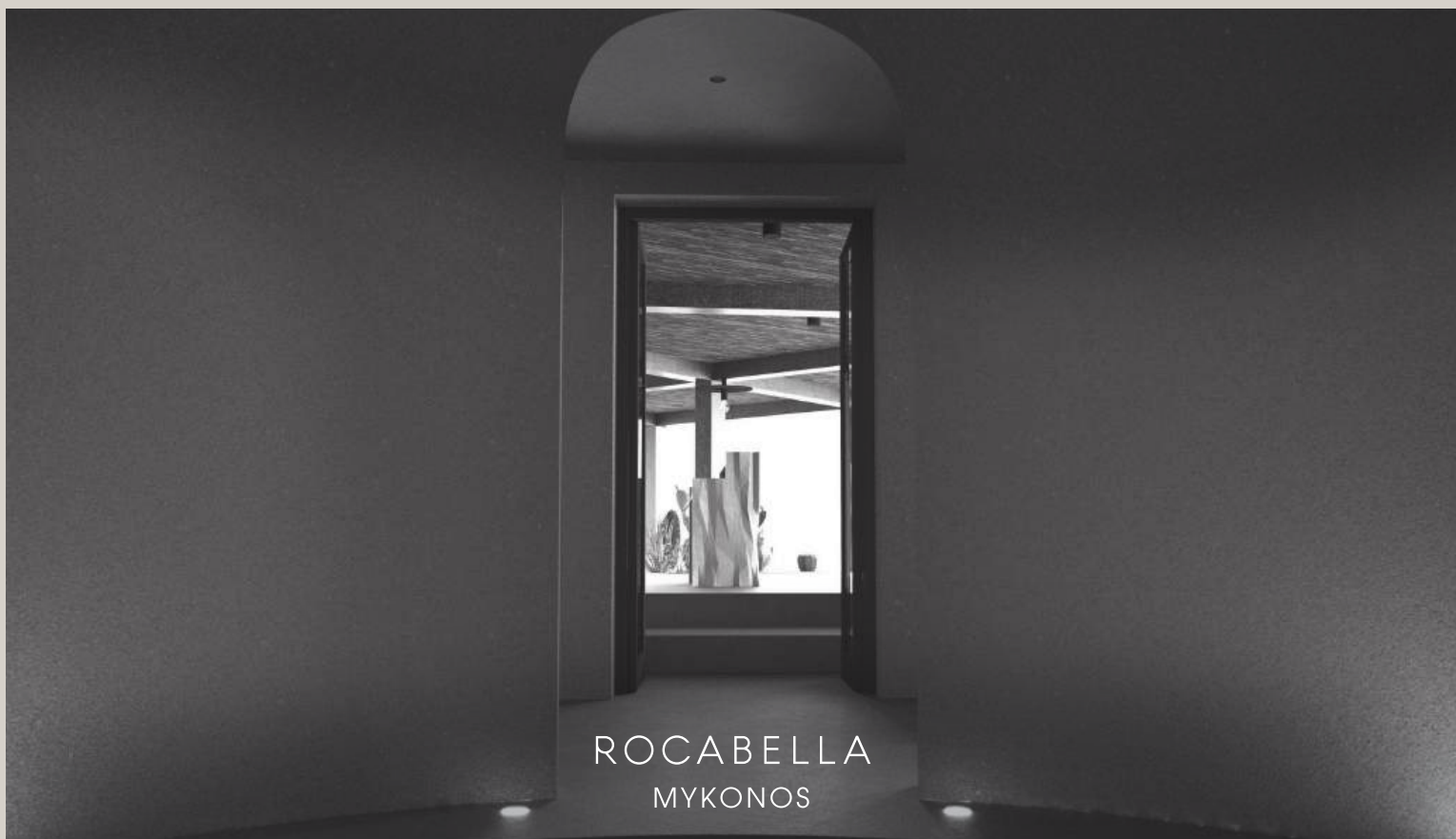
An exclusive spa with private Sauna, Jacuzzi and massage area.  
A private sanctuary to experience in your own pace, holistic treatments that combine traditional and contemporary techniques practiced by experienced spa therapists, using the finest natural oils, herbs and plants.

The Rocabella Spa provides a unique wellness approach to rediscover harmony, relaxation, and inner peace. Exceed your limits to unlock incredible feelings of strength, beauty, joy and rejuvenation.

Rocabella Mykonos has a deep commitment to sustainability. With our own natural product line, we care for our planet by using biodegradable cosmetics made with ethically sourced ingredients and recyclable packaging, minimizing any potential harmful impact to the ecosystem.

Hours of operation:  
10:00 am – 19:00 pm daily

Ask for Rocabella signature products by Oceanis, at our concept store.



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# FACE \_\_\_\_\_ TREATMENTS

Immerse into the revitalizing, healing world of Rocabella Hotel Spa; a journey of pampering beauty and rejuvenation to regain the sparkling energy and natural glow you deserve. Allow our highly experienced therapists to advise you with a customized plan and immerse into an unforgettable experience.

## FACE DETOX

A detoxifying treatment, that starts with deep cleansing, gentle exfoliation, and a purifying mask to remove urban impurities and tiredness, allowing skin to breathe freely, feel invigorated, comfortable, and balanced.

Duration: 30' \_\_\_\_ 70€

## MEDITERRANEAN FACE REJUVENATION

A rejuvenating facial based on antioxidant ingredients of the Mediterranean diet, offering beauty and well-being. Starting with a detoxifying cleansing and ending with a deep nourishing and rejuvenating face massage for immediate invigoration, freshness and radiance.

Duration: 50' \_\_\_\_ 90€

## FACE HYDRATION BOOST

A revitalizing treatment that starts with a deep cleansing ritual followed by the infusion of super hydrating active ingredients and powerful antioxidants, for a strong, healthy-glowing & dewy complexion.

Duration: 50' \_\_\_\_ 90€

## ROCABELLA FACE TIME REVERSE

A luxurious treatment to effectively address all signs of aging. Powerful natural active ingredients combined with specialized facial massage movements, help increase microcirculation and improve penetration into the skin, offering immediate visible results. Feel a smoother, plumped and lifted complexion.

Duration: 50' \_\_\_\_ 100€

*Feel free to combine any face with a body treatment.  
Ask our therapists for advice.*

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# BODY

# TREATMENTS

All body treatments are specially designed to prepare skin for a healthy and prolonged Greek tan.

## MEDITERRANEAN BODY SCRUB

An energizing and detoxifying body scrub that combines natural elements like salt, thyme and rosemary, to remove dead skin cells while it enriches skin with minerals and trace elements, leaving it soft and smooth. Followed by a full body moisturization.

Duration: 50' \_\_\_\_ 90€

## NOURISHING BODY SCRUB

A gentle body scrub with sugar, cinnamon and almond oil that helps increase the natural flow of circulation for a rejuvenated and smooth skin. Followed by a full body moisturization. Also suitable for extra dry and sensitive skin.

Duration: 50' \_\_\_\_ 90€

## DETOX & RELIEF

A purifying and deep detoxifying full body scrub with natural ingredients followed by a tension - relieving oil massage. It minimizes fluid retention and invigorates skin, offering smooth texture and a healthy-looking glow.

Duration: 60' \_\_\_\_ 110€

## ROCABELLA SUMMER BODY TREATMENT

Reboot your body with our signature treatment starting with a full body scrub, cocooning in a nourishing body wrap and ending with an extensive massage. The exfoliated skin absorbs all beneficial natural ingredients while the circular relaxing massage movements offer comfort and relaxation.

Duration: 90' \_\_\_\_ 140€

## AFTER SUN RELIEF

A refreshing treatment that deeply hydrates and helps regenerate skin after sun-bathing. An Aloe Vera enriched wrap, followed by a dry skin moisture-recovering full body massage for ideal comfort and soothing sensation.

Duration: 50' \_\_\_\_ 90€

*Feel free to combine any body  
with a face treatment.  
Ask our therapists for advice.*

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# ADD-ON \_\_\_\_\_ TREATMENTS

30' before or after the treatment of choice, add one or two pampering rituals to enhance your wellbeing experience as much as possible.

50€

## **RELAX & HYDRATE FACIAL**

Deep cleansing, followed by a rejuvenating face massage for a hydrated and relaxed complexion.

## **REVITALIZING EYE TREATMENT**

A specially designed treatment for immediate depuffing and relaxation of the delicate eye area.

## **FOOT MASSAGE**

A relaxing massage based on reflexology techniques for tension relief and rested foot feeling.

## **HAIR & SCALP MASSAGE**

Hair and scalp mindful treatment that combines gentle pressure and massage moves on dry hair for the ultimate relaxing experience.



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# BODY MASSAGES

## ANTI-STRESS NECK & BACK

Duration: 30' \_\_\_\_ 70€

## RELAX - DISTRESS

Duration: 50' \_\_\_\_ 100€

## REVITALIZING - ENERGIZING

Duration: 50' \_\_\_\_ 100€

## SPORTS

Duration: 50' \_\_\_\_ 110€

## LYMPHATIC DRAINAGE

Duration: 50' \_\_\_\_ 110€

## DEEP TISSUE

Duration: 50' \_\_\_\_ 110€



## COMBINED TREATMENT RECOMMENDATIONS

### MYKONOS WELCOME

Mediterranean body scrub  
& add-on  
Relax & hydrate facial or  
Hair & scalp massage

Duration: 60' \_\_\_\_ 120€

### SAUNA

Duration: 30' \_\_\_\_ 40€

(per session, maximum capacity: 2 pax)

### JACUZZI

Duration: 30' \_\_\_\_ 30€

(per session, maximum capacity: 6 pax)

### ROCABELLA BODY & MIND

Rocabella face time reverse  
& Rocabella full body treatment

Duration: 120' \_\_\_\_ 180€

SAUNA & JACUZZI area  
are also available for exclusive use.  
Please contact our concierge desk  
for details.

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Hair, make up and nail services are available and can be arranged through our concierge desk. Guests are kindly advised to make their booking upon arrival in order to secure availability.

Please be so kind to send your requests at our email address: **[spa@rocabellamykonos.com](mailto:spa@rocabellamykonos.com)** or at the spa's reception desk at our hours of operation. To secure your desired treatment, we recommend you make your booking before your arrival.

### Upon your arrival

Please arrive 10' earlier than your scheduled appointment. As a courtesy to the next guest, your treatment will end on time, regardless of the start time. Arriving late will simply limit the time of your treatment, lessening its effectiveness and your pleasure. The full treatment price will be applied.

### Please inform us of cancellations

Please be so kind to give us 8 hours' notice for individual treatments and 24 hours' notice on packages you wish to cancel, otherwise you will be charged 50% of the total cost. Guests who miss their appointment without prior notification will be charged the full amount of the treatment. Same day booking cancellation or no show will lead to full charge of the treatment. In case guests are more than 15' late and our therapist has not enough time to perform service due to time limitations, guest will be charged the full amount of the treatment.

### Dress Code

You are kindly requested to take a shower in your room before coming in for your treatment in the Spa. Our therapist will provide you with clean, sterile towels, due to the fact that bathrobes and slippers are permitted only at our spa area. Guests are kindly advised to come directly at the spa area in case they would like to wear their bathrobe. Our guests are kindly requested to wear swimwear in the jacuzzi. In the sauna all guests must use a body and foot towel for hygienic reasons.

All prices are inclusive of VAT

\*Gratuity is not included in the price of the treatment.

**Responsible for implementation of statutory regulations:**

Kallirroï Marina Kalfopoulou

A high-contrast, black and white photograph focusing on the curves of a human back and shoulder. The skin is illuminated from the side, creating soft gradients of light and shadow that emphasize its texture and form. The background is a solid, deep black, which makes the light-toned skin stand out. The composition is abstract, focusing on the organic shapes of the body.

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