

youR journey of wellbeing starts here; Whether you seek relaxation in our private spa, spiritual harmony in the shala or a fulfilling workout in our gym, each experience is

crafted with care.



Welcome to Rocabella Mykonos Hotel, where **tranquility meets luxury**. Immerse yourself in a world of relaxation, rejuvenation and wellbeing at our **spa**, **shala**, and **gym**, each designed to level up your stay.

The Spa

A visit in our brand-new private spa elevates wellness to new heights as we take care of body and mind while you bask in the beauty of privacy and relaxation. Indulge in **luxurious pampering** with our state-of-the-art facilities, including a double massage room, a 6-person jacuzzi and a 3-person sauna. Our sauna is topped with a stunning dome that resembles the iconic Pantheon in Rome, adding to the spa's overall ambiance. Experience the ultimate relaxation with exclusive Apivita bio therapies; our expert therapists also trained by Apivita will make you feel refreshed and rejuvenated.

The Wellness Shala

Step into the **Wellness Shala**, a heaven for holistic wellness, a truly unique space in the island. Our comfortable room is able to accommodate up to from 20 people (indoors) and up to 40 (outdoors), allowing you to take in the breathtaking view and energy of Delos island while your practice. Here you can host your retreats, whether you are a yoga/wellness instructor or an agency.

We offer tailor-made luxury printed practice mats, ethically made in Greece, using eco-friendly materials.

You are also able to create the perfect atmosphere by selecting your favorite music from Marshall speakers and keeping your refreshments close at hand in our mini fridge. Our team goes beyond standard personalized services; We understand the importance of dietary preferences, offering a variety of menus including vegan, vegetarian etc. It's truly significant that we collaborate with specialists and experts, introducing one-of-a-kind experiences such as sound healing, meditation workshops and more.

As an individual, immerse yourself in the serene atmosphere, connecting with the island's energy, making it an ideal space for your inner peace.

The Gym

Marvel at the extraordinary views of the picturesque Chora and Delos island, from our **brand-new fully-equipped gym**, where **fitness meets luxury**.

Our high-end facilities cater to all fitness levels, providing a stunning backdrop for your workout routine. Whether you are a fitness enthusiast or a beginner, our gym offers an inclusive environment to enhance your wellbeing.

At Rocabella Mykonos Hotel, we're all about making your stay a feel-good experience from head to toe. Your wellbeing is our top priority. We believe in taking care of yourself, showing love to yourself, and finding that inner calm. Think of our place as your personal retreat, a cozy spot to recharge your mind, body, and spirit.

Here, it's all about feeling good, where every moment is a little reminder to be kind to yourself. So, **step into ouR world**, where wellbeing isn't just a fancy idea – it's a genuine belief, a place to take it easy and **find your inner peace**.

At Rocabella Mykonos, we believe in people & moments, offering all you need to turn your moments here into a life experience.

As a member of Green Hotels & being awarded with Green Key for our **eco identity & environmental responsibility** are undeniable some of our top priorities.

For more info visit www.rocabella-hotel-mykonos.com

Use #rocabellamykonos



